

Nature Environment Risk Assessment

Provider: Alt Outdoors Ltd

Director: Wilfy Gladwin-Nelson

Assessment Date: January 2026

Review Date: January 2027 (or sooner if activities or guidance change)

Activity Scope: Outdoor, practical, educational and community-based activities

Locations: Public land and privately used land with landowner permission

Age Range: 11–18

Staffing Ratios: Flexible, typically 1:1 to 1:8 depending on activity, needs, and risk assessment

What are the significant risks?	What is the risk?	What are the hazards?	What are the control measures?	L	I	R	Additional controls	L	I	R	Sign & Done
Slips, trips and falls on uneven or wet ground	Young people	• Staffed public	• Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26
Cuts and scratches from vegetation	Young people	• Staffed public	• Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26
Insect bites, stings and allergic reactions	Young people	• Staffed public	• Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26
Exposure to cold, heat, wind or sudden weather changes	Young people	• Staffed public	• Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26
Water hazards including streams and mud	Young people	• Staffed public	• Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26

What are the significant risks?	What is the risk?	What are the hazards?	What are the control measures?	L	I	R	Additional controls	L	I	R	Sign & Done
Group separation or young person becoming lost	Young people	• Staffed public • Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26	
Asthma or medical episodes triggered by exertion	Young people	• Staffed public • Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26	
Safeguarding risks in open public spaces	Young people	• Staffed public • Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26	
Road crossings and vehicle-related travel risks	Young people	• Staffed public • Dynamic risk assessment • First aid trained staff • Safeguarding policies • Appropriate PPE • Clear boundaries • Pre-session briefing	3	3	9	• Activity-specific briefing • Enhanced supervision • Adjust ratios as required • Clear emergency procedures • Ongoing monitoring	2	3	6	WG-N 08/01/26	